

# UNITED to VOLUNTEER



**UNITED WAY VOLUNTEER INCOME TAX ASSISTANCE (VITA)** IRS certified volunteers prepare and file taxes for lower-to-moderate-income families and individuals at no cost, getting them the refunds and credits they've earned. They also connect filers to other tools that help them on their paths to financial security. Training is required and provided. Volunteers must be able to commit to one, 4-hour shift per week after certification is obtained.

Volunteer Training Sessions Offered: Fall and Winter Trained Volunteers will prepare taxes January - April

**UNITED WAY READS** To coincide with the celebration of March as National Reading Month – and to highlight the vital role that reading plays in education – volunteer to read to children in-person or virtually. Opportunities to participate are with local schools and non-profits in the Greater Waterbury area.

Sign up in February

UNITED WAY DAY OF ACTION - STOCK THE PANTRY Each year around June 21, volunteers from communities around the world take action to improve lives and change conditions where they live and work. Locally, Stock the Pantry is United Way of Greater Waterbury's annual food drive to ensure that no one goes hungry during the summer. Join us in the fight against food insecurity and sign up your company or group to collect a food items most needed by the Food Resource Committee.

Sign up in May

DAY OF CARING (Corporate Groups Only) Lend your skills and talents by volunteering at a local partner agency.

Sign up in August

**HOLIDAY ASSISTANCE PROGRAM / JOY OF SHARING** Permit a Casual or Blue Jean Friday to raise money for Joy of Sharing or volunteer at a local food program to hand out food to families for the Thanksgiving holiday.

Sign up in October

**ADOPT A FAMILY** Adopt a Family for the Holidays by receiving specific demographics and a gift wish list for a family in need.

Sign up in November

## YEAR ROUND OPPORTUNTIES

**CUSTOMIZE YOUR OWN VOLUNTEER OPPORTUNITY** Plan a special volunteer opportunity that supports Basic Needs, Education or Financial Stability.

**SKILL-BASED VOLUNTEERISM** Use your primary business skills or personal knowledge to help a local non-profit that needs your support.

# VOLUNTEER TOOLKITS Visit our website at www.unitedwaygw.org to download toolkits

- Basics for Back to School: Hold a donation drive to collect NEW backpacks and basic school supplies to be donated before the start of a new school year.
- Birthday in a Box: Every child deserves to have a birthday celebration, but not every family has the means to make that possible for their children. Help by providing families with a box of birthday "essentials" that they can use to ensure that their special day is the best it can be!
- Personal Care Kits: Hold a donation drive to collect in-demand items during the summer or winter months, that will help those experiencing homelessness. Organize needed supplies and distribute at the CHD Hospitality Center, a safe place for people who are homeless to connect with services while in the process of moving towards housing stability.
- Winter Warming Drive: This is a time when those with scarce resources need items to stay warm. Help make the winter a bit warmer for children and families in our community. Coordinate a hat, gloves, scarves and socks drive in your office or among friends to be donated to local shelters.

### YOUTH ENGAGEMENT

UPSTARTERS® is a youth volunteer engagement opportunity that gives local youth exposure to the role they can play in addressing community needs. Rather than hoping that youth learn about volunteerism or philanthropy by the time they are adults, UPSTARTERS provides opportunities today. UPSTARTERS is focused on the future generation of the United Way learning to lead now.



### YOUNG PROFESSIONALS

Join a network of young professionals who live or work in the 10-town region and share a passion to enrich our community. The group provides a platform to impact change throughout our community and to grow personally, professionally and socially! Emerging leaders are not only encouraged to attend various events, but to participate in planning or leading through sub-committees as well. The United Way also welcomes ideas for future initiatives.



### **WOMEN UNITED**

In more than 165 United Ways across the world, more than 55,000 women are coming together through local Women United chapters. In the Greater Waterbury area, our Women United chapter is focused on United Way's three impact areas: Basic Needs, Education, and Financial Stability.



### TO PLAN/SCHEDULE: CONTACT

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